

Jo Ryan

Acting Principal

24th March, 2023

NEWSLETTER

PO Box 66 NORTH BENDIGO 3550

Dear Parents and Friends,

We have just been informed that our Toilets in the Gym building will be completely redone. The Department of Education will completely fund this rebuild at a cost of almost \$100,000. Given the massive undertaking, we will need to continue to use the Portable Toilets for quite some time, but it will be worth it to have the whole area fixed!

UNIFORMS

A reminder that school uniform is compulsory at Lightning Reef Primary School. If your child is in need of a school jumper or shirt, we do have some second-hand available to purchase for minimum cost. We can also arrange for a vochure from State School's Relief for families that need financial assistance, should you want to purchase more uniforms from Lowe's. Please come and see us in the office if you need assistance.

GOOD FRIDAY APPEAL

The SLC have done an amazing job selling Zooper Doopers each break to raise donations for the Royal Children's Hospital Good Friday Appeal. Families are reminded that tax refundale donations can be given at: https:// fundraise.goodfridayappeal.com.au/fundraisers/lightningreefps

KRISTIE IS ON THE MEND

I know you will all be happy to hear that Kristie is home, recovering well from her short stint in hospital. She will be back ready to go next term.

COLOUR FUN RUN

A reminder that families will need to source their own white shirts for the Colour Fun Run on the last day of term– Thursday 6th April.

We will have a sausage sizzle that day for lunch– students and families can preorder their lunch later this week, but I'm sure Mr Millar, Kim and Mel will be happy to cook some extras on the day for families who'd like to purchase an extra sausage in bread or two.

END OF DAY PICK UP

A reminder that students are to wait for their families to collect them at either the front gate (under the blue shade sails) or the back gate. If they are not collected by 3.30, when teachers finish their day's supervision, they will be escorted to the office where Mrs Johnstone, Kristie or I will call.

Please do not ask students to meet you at another area. This makes our job of supervising your child too difficult. The office is also not a place to meet children.

Office staff are still working, and when people use the foyer as a meeting place, it becomes very noisy.

Jo Ryan

Acting Principal



Curriculum Corner

NAPLAN

Congratulations to those students in Year 3 and 5 who participated in NAPLAN this week. Students completed Writing, Reading, Language Conventions (Grammar and Spelling) and Numeracy assessments. Despite some initial nerves, all the students did a fantastic job. Some students who have been absent will complete make up assessments on Monday. The 2023 NAPLAN results are scheduled to be received by the school by the end of Term 2 and will be distributed to parents/carers shortly after.

Year 3-6 Camps

Next term Year 5/6 students are heading to DOXA Melbourne Camp from Wednesday 3rd—Friday 5th May. Year 3/4 students are off to Camp Kookaburra on Wednesday 17th May until Friday 19th May. Students will be participating in a range of fantastic activities. This year there will be no cost for either of these camps. This is due to the Victorian Government 's Positive Start program. This program aims to boost students physical and emotional health and wellbeing in the wake of the coronavirus pandemic. It allows students to be more active, reconnect with friends and find inspiration in new and exciting places. Camp permission has been sent via COMPASS and needs to be complete as soon as possible. If you need assistance please speak to your child's teacher.

How can I help my child succeed at school?

Make sure your child gets plenty of sleep.



Ask your child about school and encourage them to talk about their day.





Ensure your child has a healthy lunch, fruit snack and bottle of water. It's important for their development.



Have a quiet place for homework and encourage organisation rather than rushing at the last minute.

Stay involved and contact your child's teacher if you have any issues or concerns



Emai



Attend 3-Way Conferences to help set your child's learning goals and celebrate their successes.



Katrina Johnstone Acting Assistant Principal



Amy Gillett: Wellbeing Lead Teacher PH: 0466 123 961

Useful websites and contacts:

Kids Matter www.kidsmatter.edu.au

Youth Beyond Blue - www.youthbeyondblue.co

Headspace - www.headspace.org.au

Reach Out – www.reachout.com

Raising Children Network

www.raisingchildren.net.a u

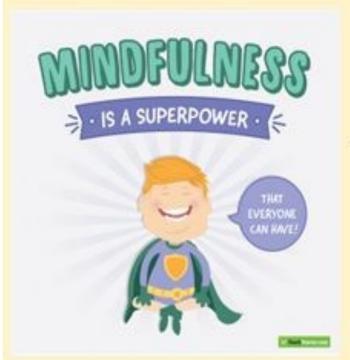
Kids helpline - 1800 55 1800 24 hours a day, 7 days a week or web counselling

Parentline – 1300 30 1300 (8am to 10pm seven days a week) & web counselling Tuesdays and Thursdays between 11am and 2pm

Mindfulness in our classrooms

As part of our SWPBS process, our school regularly reviews our current actions. As a way to support our students in their readiness to learn, starting next week we will be trailing whole school mindfulness time.

After 1st break, students will have 10 minutes to each their lunch, then 5 minutes of mindfulness in the classroom. We will be playing calming music over the loud speaker and individual classrooms will have ideas for what students can do that is independent and silent,



such as:

- ⇒ Using a fidget tool
- ⇒ Laying down and thinking about the day
 - ⇒ Drawing or colouring
 - ⇒ Reading
 - ⇒ Listening to the music

RESPECT CO-OPERATION BE YOUR BEST RESPONSIBILITY

Dojo Bolt



It is great to see the enthusiasm in which our students and staff have embraced the Dojo Bolt. To earn a piece of the bolt, students need to demonstrate our school values of Respect, Responsibility, Cooperation and Be your Best. When they do this, they are awarded a Dojo Point. When a class has earned 150 Dojo Points they are rewarded with a piece of the Dojo Bolt at our whole school assembly on Friday afternoon. When all 20 pieces of the bolt have been collected we get to have a whole school special event.

So far, our students have received 17 pieces of the bolt which means they have earnt more than 2,550 dojo points as a collective.

I can't wait to see what our special event will be.

RESPECT CO-OPERATION BE YOUR BEST RESPONSIBILITY

School Wide Expectations & Values	YARD E	Let's Just Do It YARD EXPECTATIONS AT L.R.P.S.				
	Schoolyard	Oval	Toilets	Court- yard		
BE YOUR BEST	Line up quickly and qui- etly when the bell rings Walk away – Tell an adult	Tell an adult if you see a problem Get an adult to help if you have a prob- lem	Use toilets appropriately	Passive play only Sports equipment free zone		
BE RESPECTFUL	Follow adult directions the first time Use right words, right choice Respect others' games and space No spitting Rubbish in bins	Leave sand, sticks and stones on the ground	Keep the door closed Flush the toilet when finished Give others privacy Keep toilets tidy	Ask nicely to join in Share equipment		
BE CO-OPERATIVE	Share equipment Wait your turn Agree on rules before you play Play school approved games	Play by the agreed rules	Wait your turn	Listen to others		
BE RESPONSIBLE	Hands & feet to your- self Use equipment correct- ly Food to be eaten at eat- ing time Walking Feet on the concrete Play in designated are-	All ball kicking games to be played on the oval. Put equipment away when you have finished using it	Wash your hands Leave the toilet area as soon as you have finished Wait for your friends out- side Keep games out- side	Pack up when the music starts		

Take care of the environment

PE Term 1

P-2: Throughout term one grades prep, one & two have been focussing on learning how to run safely. Learning how to participate in games with rules, and understanding sometimes we have to go out in these games. They have also focussed on Catching, kicking and jumping. We are currently practising running bigger distances for our Fun Run coming up.

3–6: Grades three, four, five and six have looked at Netball, where all students enjoyed learning the rules and skills to play it as a sport. They have also been focussing on different Athletic skills, which will help us participate in our up and coming Athletics day in term two. Recently students have been practising long distance running to prepare them for cross country (Fun Run) and the Division cross country coming up in term two.

Students from these grades were also lucky enough to have Hockey Victoria visit and provide some engaging Hockey sessions in term one.

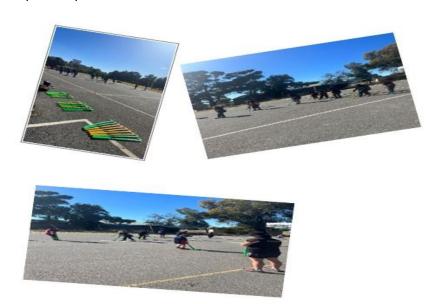
Events coming up:

Fun run – April 6^{th}

Cross country - May 3rd

P-2 Gymnastics - April 24th, May 1st, May 8th, May 15th

Athletics Day – April 27th



Art Term 1

This term, Room 4 & 5 students have been getting to know the Art Room and what an Art lesson may look like. They have completed a range of colouring, painting and collage-based activities.

Room 7 & 8 have participated in some activities involving colouring, painting, planning and designing a piece of art using their own handprint and themed collages.

The 3/4 classes have participated in activities involving perceived texture in drawing and colouring. They were use a range of colouring apparatuses to complete a puzzle piece with a perceived texture on it. They are currently working on some abstract art.

The 5/6 classes have been working on similar topics to the 3/4 classes but adding the element of design and producing multiple examples. Students have also had the chance to create some "free art" using a range of paint, oil pastels, charcoal and watercolours.





ASSEMBLY AWARDS Lightning Learner



ASSEMBLY AWARDS Let's Just Do Ita



ASSEMBLY AWARDS ASSEMBLY AWARDS





Happy Birthday to Khai W, Eh K'lu Doh Say and Tanara M.

We hope you had an amazing day.



CONTACT US:

5443 2501

Acting Principal:

Jo Ryan

Business Manager:

Kristie Coates

Leader-Student Wellbeing:

Amy Gillett

Leader- Disability & Inclusion:

Paul Keller

Leader- Teaching & Learning

Katrina Johnstone

Social Worker:

Gai Maddams

School Council President

Daria Turnbull

Parents and Friends

Sonia Valli & Jodie Madon

Please remember smoking is banned within four metres of an entrance to all Victorian Schools and within the school grounds, this includes our shared entrance and the bus stop



Calendar of events:

Monday March 27th - Smoking ceremony 9:15am

Wednesday April 5th- Books in Homes Assembly 9:30am

Thursday April 6th - Fun run and last day of Term 1 - 2:30pm finish.

Monday April 24th - Term 2 begins

Monday April 24th - Prep - 2 Gymnastics program begins

Tuesday April 25th - ANZAC Day - No School

Wednesday May 3rd - Year 5/6 Doxa Camp Melbourne

Wednesday May 17th - Year 3/4 Camp Kookaburra

Lost property

Please remember to check lost property regularly. It is located just inside our foyer entrance.













School preparedness and pre-emptive actions for the bushfire season

Fire danger ratings indicate how dangerous a fire would be if one started in those conditions and provide clear direction on the safest options for preserving life. They can be a trigger for action in community and for school and household level fire plans.



Schools and children's services listed on the Department of Education and Training's Bushfire At-Risk Register (BARR) and those at some lower risk of bushfire or grassfire on the Category 4 list will be closed when a Catastrophic fire danger rating day is forecast in their Bureau of Meteorology district.

Schools and early childhood services listed on the Department of Education and Training's Bushfire At-Risk Register (BARR) and those at lower risk of bushfire or grassfire on the Category 4 list take pre-emptive actions on elevated fire danger days to minimise the risk of being caught in a fire in these conditions. The category of risk (per the BARR or Category 4 list) determines the actions that the school or early childhood service will need to take on days of elevated fire danger.

Our school has been identified as being one of these schools at high bushfire or grassfire risk, and is a BARR school.

Our school will **close** on a day forecasted as **Catastrophic fire danger rating** in the **Northern Country fire district**.

The department will advise our school of the potential for a **Catastrophic fire danger rating** as information becomes available, however the pre-emptive closure will be **confirmed by 1pm the day prior to Catastrophic fire danger day.**

Fire danger ratings are forecast by the Bureau of Meteorology up to four days in advance. Should a Catastrophic day be forecast, we will notify you of the potential closure by an email or hard copy letter, SMS and Compass notification. Closure of the school due to a forecast Catastrophic day will be confirmed on the day prior and we will provide you with advice before the end of the school day.

Once confirmed, the decision to close will not change, regardless of improvements in the weather forecast. This is to avoid confusion and help your family plan alternative care arrangements for your child. It is also important to note that:

- No staff will be on site on days where the school is closed due to a forecast Catastrophic day.
- Out-of-school-hours care will also be cancelled on these days.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for the Bureau of Meteorology district in which the camp is located, or if the travel involves passing through areas that have Catastrophic fire danger.
- All bus routes that travel through the Catastrophic area will be cancelled.
- Depending on which fire weather district is impacted, bus route cancellations may affect our school.

Families are encouraged to enact their Bushfire Survival Plan on Catastrophic fire danger rating days. **On such days, children should never be left at home alone or in the care of older children.**

For those of us living in a bushfire prone area, the Country Fire Authority (CFA) advises that when Catastrophic days are forecast, the safest option is to leave the night before or early on the morning of the Catastrophic day.

As part of preparing our school for potential hazards such as fire, we have updated and completed our Emergency Management Plan and reprioritised any maintenance works that may assist in preparing for the threat of fire and cleared our facility's grounds and gutters.

What can parents do?

- Make sure your family's bushfire survival plan is up-to-date and includes alternative care arrangements in the event
 that our school is closed due to elevated fire danger or a Catastrophic fire forecast. Further information can be found on
 the CFA's website.
- Ensure we have your current contact details, including your mobile phone numbers. Keep in touch with us by reading our newsletters, checking Compass, by talking to your child's teacher or any other member of the teaching staff about our emergency management plan.
- Most importantly at this time of year, if you're planning a holiday or short stay in the bush or in a coastal area, you should check warnings in advance of travel and remain vigilant during your stay.
- If your child is old enough, talk to them about bushfires and your family's Bushfire Survival Plan.
- You can access current information about school and early childhood services closures, including those due to elevated fire danger, on the Department of Education and Training's website - see http://www.education.vic.gov.au/about/programs/health/pages/closures.aspx

Multiple sources that offer information on emergencies are listed below:

- VicEmergency app that can be downloaded on your android and iOS mobile devices
- VicEmergency Hotline (1800 226 226)
- Website https://emergency.vic.gov.au
- Facebook (https://www.facebook.com/vicemergency)
- Twitter (<u>https://twitter.com/vicemergency</u>)
- ABC local radio, Sky News and other emergency broadcasters

I NEED TO STAY HOME IF...

I am VOMITING	I have DIARRHOEA	I have a RASH	I have HEAD LICE	I have an EYE INFECTION	I have been in HOSPITAL		
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Within the past	Within the past	Body rash with	Itchy head, active	Redness, itching and/or	Hospital stay and/or		
24 hours	24 hours	itching or fever	(live) lice	"crusty" discharge from	ED visit		
				eye			
I AM READY TO GO BACK TO SCHOOL WHEN I AM							
Free from	Free from diarrhoea	Free from rash,	Treated with	Exclude until discharge	Released by		
vomiting	for 24 hours	itching or fever.	appropriate lice	has ceased.	medical practitioner		
for at least 2		Student has been	treatment at	Evaluated by a doctor	to return to school		
solid meals		evaluated by a	home				
		doctor if needed.					
	Within the past 24 hours I AM REA Free from vomiting for at least 2	Within the past 24 hours Within the past 24 hours Within the past 24 hours I AM READY TO GO Free from Free from diarrhoea for 24 hours for at least 2	Within the past 24 hours Within the past 24 hours Body rash with itching or fever I AM READY TO GO BACK TO Free from Free from diarrhoeal yomiting for 24 hours Free from at least 2 solid meals Free from evaluated by a	Within the past 24 hours Body rash with itching or fever (live) lice I AM READY TO GO BACK TO SCHOOL V Free from Free from diarrhoea for 24 hours itching or fever. Student has been evaluated by a home	Within the past 24 hours Body rash with itching or fever (live) lice "crusty" discharge from eye Evaluated by a doctor WHEN I AM Treated with appropriate lice has ceased. Evaluated by a doctor		

SCHOOL MONEY ENVELOPE

HOW TO ADDRESS THIS CORRECTLY

NAME:

ROOM NUMBER:

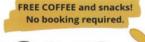
AMOUNT:

FOR:









CARERS SUPPORT GROUP

Support Groups for anyone caring for a person who is under 18 with disability, developmental delay, neurodiversity and/or mental ill-health

If you don't live in the Bendigo region, you can join us online by calling us on: 0488 605 363 We can send you a zoom link!



Morning Tea Group

Date: 1st and 3rd Thursday of each month

Time: 10am - 12 noon

Where: 480 Hargreaves St.
Bendigo

If you have any forms or documents you need help with, please bring them along!

