



# NEWSLETTER

PO Box 66 NORTH BENDIGO 3550

SCHOOL : [www.lightningreefps.vic.edu.au](http://www.lightningreefps.vic.edu.au)

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ELC : [www.bendigoregionalymca.org.au](http://www.bendigoregionalymca.org.au)

Phone: 5444 6666

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*Learners today Leaders tomorrow*

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## STATEWIDE TRANSITION DAY

Next Tuesday December 7th, will be the State-wide Orientation day. We will have our Kinder kids on site for the morning and we will have our Year 6 students attend their secondary college for the day. We wish our Graduates all the very best as they step closer to being a secondary school kid!

2022 Year P-6 students will all work in their new classes for most of the day. This allows everyone the opportunity to see who their teacher will be and meet their new classmates before going back to their 2021 classes to share what they did for the day.

All students that have been at school have been asked to nominate a group of students in their year level that they work well with. This has been considered when forming the classes and everyone has a friend or two they nominated.

## OHS REQUIREMENTS

We will be undertaking our final evacuation drill for the year in the coming weeks. This drill requires students and staff to move offsite. Our offsite locations in the case of an emergency is the Showgrounds. The offsite location would depend on the type of emergency at our school. If your child comes home and says that they left the school as part of an emergency soon – it will be the drill. Be assured that we would always inform families if an emergency that effected your child actually occurred.





## AWARDS ASSEMBLY

Our annual Celebration will be held on Thursday 16th December at 2.15 p.m. Unfortunately, due to density numbers we will not be able to have an audience. We will photograph each award recipient and send a copy to families via dojo or email so you can share in their success. We do hope that next year will see us back to “normal” and have all families in attendance.

## BOOKLISTS

Contact Kristie or Sue in the office if you have not received your fee schedule and they will be happy to help you.

Joanne Ryan  
Acting Principal

<b>BE YOUR BEST</b> 	<b>BE RESPECTFUL</b> 	<b>BE CO-OPERATIVE</b> 	<b>BE RESPONSIBLE</b> 
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**Happy Birthday to Tyreece W-M,  
Ricky P, Benjamin G and Eh Kla  
Soe.**

**We hope you have an amazing day.**



**Calendar of events:**

**Monday December 6th -**

Grade 6 Graduation -  
Bendigo Pottery 5:45pm

**Tuesday December 7th -**

Prep 2022 transition day

Grade 6 Secondary College  
transition day

**Tuesday December 14th -**

Student led conferences

**Friday December 17th -**

Last day of Term 4 - 2:15pm  
finish

**CONTACT US:**

**5443 2501**

**Acting Principal:**

Jo Ryan

**Business Manager:**

Kristie Coates

**Leading Teacher:**

Paul Keller

**Learning Specialist:**

Katrina Johnstone

**Specialist Coordinator:**

Georgia King

**Social Worker:**

Gai Maddams

**School Council President**

Sonia Valli

**Parents and Friends President:**

Daria Turnbull

Please  
remember  
smoking is  
banned  
within four  
metres of an  
entrance to  
all Victorian  
Schools and  
within the  
school  
grounds, this  
includes our  
shared  
entrance and  
the bus stop



**BE YOUR BEST**



**BE RESPECTFUL**



**BE CO-OPERATIVE**



**BE RESPONSIBLE**



One of the most important things we can do to slow the spread of coronavirus (COVID-19) in our community is to stay at home when we are unwell, even when we have the mildest of symptoms.

## What you need to know

### 1. If a child is unwell, even with the mildest of symptoms, they must stay at home

If a child becomes unwell during the day, they must be collected from school/early childhood education and care (ECEC) as soon as possible.

### 2. If a child has any of the symptoms of coronavirus (COVID-19) outlined below, however mild, they should get tested and they must remain at home until they receive their results:

- fever
- chills or sweats
- cough
- sore throat
- shortness of breath
- runny nose
- loss of sense of smell or taste.

In certain circumstances headache, muscle soreness, stuffy nose, nausea, vomiting and diarrhoea may also be considered symptoms.

For further advice:

- call the 24-hour coronavirus (COVID-19) hotline 1800 675 398
- call a general practitioner
- use the Department of Health and Human Services (DHHS) [online self-assessment tool](#).

Visit: [Where to get tested](#).

### 3. A child must stay at home until they are symptom free, even if their coronavirus (COVID-19) test is negative

If a person has tested positive for coronavirus (COVID-19) or been identified as a close contact they must isolate/quarantine until they receive clearance from DHHS.

### Children with persistent symptoms due to underlying conditions such as hay fever or asthma

whose symptoms are clearly typical of their condition can continue to attend ECEC/school. They should be tested for COVID-19 if they develop symptoms that are different to or worse than their usual symptoms. They should consider getting a medical certificate from their GP to attend ECEC/school if they have persistent symptoms that may overlap with symptoms of COVID-19 such as cough or runny nose.

### Younger children (pre-school up to Grade 2) may have prolonged post viral symptoms

such as a runny nose or cough and may return to school/ECEC following a negative COVID-19 test even if they are not completely free of symptoms. They will need a medical certificate from their GP to confirm they are otherwise well or have recovered from their acute illness.

For information on the minimum periods students and children need to stay at home for other conditions, refer to the [DHHS school exclusion table](#).

### 4. Children do NOT need a medical certificate before returning to school/ECEC

Once symptoms have cleared, there is no requirement from the Department of Education and Training or DHHS for children/students to have a medical certificate before they return to school/ECEC.

**Thank you for your support in following these steps, together we can all stay safe.**



This advice has been prepared by the Department of Education and Training, Safer Care Victoria and the Department of Health and Human Services

## Headlice.

### **How to manage and control head lice.**

Using conditioner with a fine-toothed comb is the recommended method of detection. It is also an excellent mechanical method of control and treatment.

- 1. Apply plain white conditioner liberally to dry hair. (Any cheap brand will be fine.)**
- 2. Cover the scalp to the ends of the hair.**
- 3. Detangle hair with regular comb.**
- 4. Leave conditioner in hair for 5 minutes. You may cover the hair with a shower cap whilst waiting. (Conditioner stuns lice for up to 20 minutes and makes combing easier)**
- 5. Separate the hair into sections.**
- 6. Comb through with the fine toothed comb**
- 7. Wipe the conditioner from the comb onto a tissue and look for lice and eggs (nits).**
- 8. Remove all nits to assure total lice treatment.**
- 9. Rinse conditioner from hair and clean the fine-toothed comb with a toothbrush or dental floss.**
- 10. Repeat process every two days until clear.**
- 11. When clean, comb all family members weekly for early detection and prevention of new infestations.**

**Do not go to great lengths to wash bedding or spring-clean the house. After extensive examinations of carpets, mattresses, pillows, dress-up clothing and dolls in schools and day care centres researchers at James Cook University found no lice or eggs. These rooms all had a significant percentage of children with active cases of head lice. The conclusion is that the environment as a source of infection is zero. CONCENTRATE ON THE HEAD! Wash hairbrushes and combs in hot water. Lice die within 30 seconds in 60C water.**

**Remember also that each day is a new day for the risk of a new infestation. We do regular screenings at school but we need your help also. This is the best way to protect your family and community. Being consistent and diligent about manual removal will go a long way toward controlling the problem.**

Parents are encouraged to check for head lice regularly.

- Screen safely and regularly**
- Detect lice and nits as early as possible**
- Remove lice and nits immediately and effectively**
- Avoid panic and unnecessary use of chemicals**

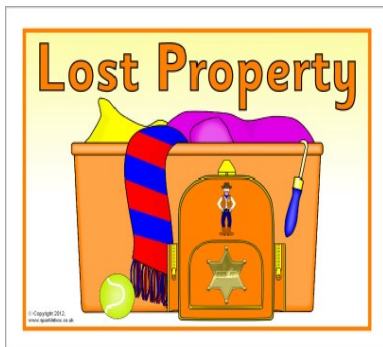
## YMCA

Bookings are now open for our exciting Summer School Holiday Program! Incursions and Excursions are back for Summer. Check out our program and book online!

<https://childrensprogram.ymca.org.au/school-holiday-programs/bendigo>



Don't forget to check lost property if you are missing any items. It is located in the foyer of the gym and it is filling up fast.



Just a reminder hats need to be worn outside from September 1st. Hats are available from Lowes Marketplace. Please make sure your child's name is on their hat.



How healthy is your neighbourhood?

A photograph of four children jumping joyfully in a grassy field under a blue sky. The children are wearing colorful clothing: a light blue shirt, a white shirt, an orange shirt, and a pink dress.

**Tell us and you could win a \$100 Sports Voucher!**

We're calling on local kids to show us their 'hood – bad and good.

So, if you're aged 12 and under we need your help to see what healthy and unhealthy examples you can find in your community and share it with us.

You can do this by taking a photo, drawing a picture, writing something or by recording a video or audio.

To find out more about the neighbourhood audit task and how to load your examples visit [letstalkgreaterbendigo.com.au/kids-co-design-activity](http://letstalkgreaterbendigo.com.au/kids-co-design-activity)

Submissions close Wednesday  
December 8, 2021.

The logo for the City of Greater Bendigo, featuring a stylized 'A' inside a circle and the text 'CITY OF GREATER BENDIGO'.